

Newsletter

www.mitchambowls.com



August 2010

They're here!

The new uniforms have all arrived and in order.

Over the next few weeks we will be arranging distribution, so please check the website and notices at the club for details.

Note that while we will be distributing uniforms we will not be officially wearing the complete uniform until the first game of Pennant.

Winter Training/Coaching Program

Early this year a small group of like-minded members banded together with a plan to develop and expand on the successful 2009 winter training program.

With the full support of the Committee of Management, the Club Training/Coaching group first developed a mission statement which states quite clearly what our aims are:

*"The preparation in **building a framework** for the **continuous improvement** of the **individual**, the **rink**, the **team** and the **club** for Pennant season 2010-11".*

The program has now been running for five sessions and has provided attendees with valuable insights into Team/Club/Game Day dynamics as well as two exceptional presentations from Peter Middleton (with some help from Bob M) on basic and advanced techniques.

Our session on the top green was developed by Ron Short and focused on draw bowling and playing yard-on shots through the jack. This was very well received by those attending and included several competitive activities where keen team support was most evident.

This was followed by a strategy and tactics session on 14th August. From the program announced in May and commencing in mid June we now have one session remaining which is (sport) psychology on 28th August. No doubt this will be another great session which will be informative, enlightening and of benefit to all members.

As a group we still plan to develop and put into place regular scheduled training drills based on positional play. More on this later as the plans take shape.

Thank you to all those who have attended these sessions. The feedback has been overwhelmingly positive and encouraging. Some of our newer members are absolutely gob-smacked with the vast amount of knowledge and informative detail being passed on to those present.

For your information our little Training/Coaching group consists of the following:

Sally Taylor
Peter Middleton
Robin Shaw
Ron Short
Daryl White
Bill Smith (*I write the newsletter bit....*)

Preparing for Pennant

The Selectors are getting their act together in preparation for the new season.

An Information paper is being finalised to detail the policy and practices of the Selectors in carrying out their selection duties, activities planned for the season, details of the forthcoming pre-season practice matches, how pennant practice will be run through the season and how Club events will be run.

The paper will be distributed to members soon.

sport | community | wellbeing

Halliday Park 306 Mitcham Road, Mitcham

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In the meantime, please check the large noticeboard in the Clubrooms – there is a sheet there for members to indicate their willingness to play Saturday pennant this season. It's important to get your name on the list so the selectors are clear about your intentions.

Also the sheets are in the foyer for the first two pennant practice matches. Please get your names down for these, too.

The schedule for the practice games is as follows:

Sept. 4 v. Ashburton: 1sts at home; 2nds away
3rds/4ths intraclub at home

Sept. 11 v. Heathmont: 1sts/2nds at home
3rds/4ths away

Sept. 18 v. Karingal: 1sts/2nds away
3rds/4ths at home

Sept. 25 (Grand Final day) v. Donvale
Annual social match at home

Sept. 26 (Sunday) v. Lilydale: 1sts/2nds home
3rds away

Opening Dinner

The opening of the 2010 / 2011 bowls season will be held on Friday September 3rd, nibbles at 6pm, opening at 6.30 and sit down for a spit roast meal and catch up with friends at 7pm. There is a form up in the hall, please register your attendance there, the cost will be around \$25 a head (unsure at time of press).

Spring is in the air

Ladies report

Having just returned from Queensland it was a joy to see the spring bulbs in bloom in our garden and I hope maybe most of the cold weather has gone. We needed that cold winter and I hope all have survived it well.

For those who were able to get away and miss it I guess they will now be starting to slowly wend their way home in readiness for the new season ahead of us. I believe Ellen James has returned home from Merimbula and is looking very well.

The time passed quickly for those of us here in Melbourne and the Indoor Carpet Bowls have kept us all in touch and that has been lovely. To Lorraine and Dot Turner we say thank you for the effort you put into making these days enjoyable. There have been a good attendances. A luncheon on Tuesday 10th was held for our final day.

Just keeping us all in touch was an outing we had at Buccatini's inn and we enjoyed it so much our President Rosemary is planning another one and the tentative date for that is Tuesday 17th August.

Some dates for the ladies to put in their diaries are as follows:

August 26th - Hill Views Opening Day at Lilydale and we need a couple of teams for that day. Let Rosemary know if you are available.

Tuesday August 31st at 10.00am - General Meeting followed by lunch and cleaning day.

Tuesday October 5th - Tuesday Pennant begins. More news on this later.

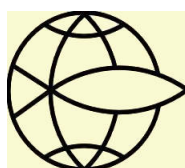
It was great to have Ruth McLeod join us for our luncheon at Buccatini's. Always her bright self and we are wishing her well with her ongoing treatment. Thoughts are with Val and John as John continues with his treatment.

And lastly our thoughts are with Les Cousland – we were all shocked and saddened by the sudden loss of Vi – we will miss her so much. She has been a wonderful member of Mitcham serving as President, Committee Member and always attending the Bistro and doing a wonderful work for the club.

Looking forward to a great Season 2010-2011. Let us put our best efforts into it.

- Phyl Knop

Proud sponsor of the Mitcham Bowling Club



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